

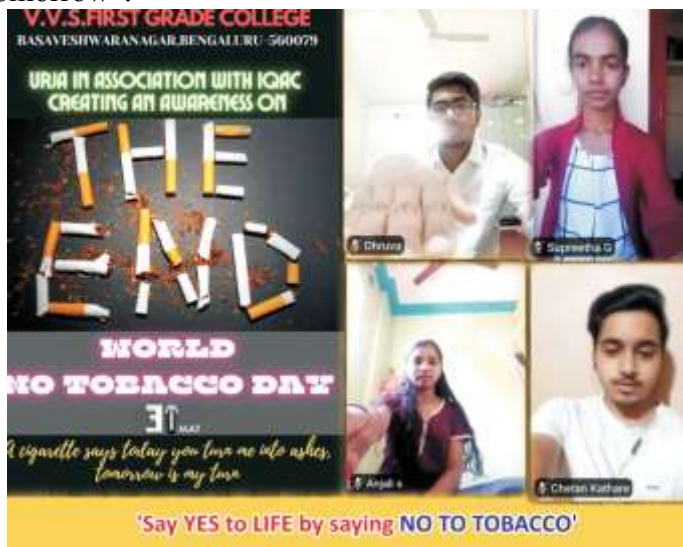


## Vidya Vardhaka Sangha First Grade College Basaveshwaranagar, Bangalore

7.1.11: The national and international commemorative days, events and festivals organised by the college: A brief report

### “WORLD NO TOBACCO DAY” – MAY 31

“Replacing the smoke on your face with a smile today will replace illness in your life with happiness tomorrow”.



The NSS Unit at our college observed World No Tobacco Day at the institution on May 31st. Our students created an awareness to the public on the dangers of using tobacco, the negative impact that tobacco has on people’s lung health, from cancer to chronic respiratory disease.

The campaign served as a call to action, advocating for effective policies to reduce tobacco consumption and engaging stakeholders across multiple sectors in the fight for tobacco control.

### ‘WORLD ENVIRONMENT DAY’

‘It’s not yours, nor mine, It’s ours. So protect your mother who nourishes you’.



June 5th is celebrated as ‘World Environment Day’. The day was celebrated with enthusiasm where in various activities were designed for students like slogan writing, planting saplings at the comfort of their homes. Our Principal Dr. S. Rekha planted few saplings too in the college to create awareness among the people in saving our earth.

Our NSS volunteers Ms Hemalatha V, Bhanumathi HS, VaibhavaLakshmi gave a presentation on ‘Energy Conservation and Solar Energy’.



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### ‘SWACHH CAMPUS’

“If we keep our campus clean, then our world will be green”



The NSS unit under the initiation of Ms. Nagasakshi V, Ms Lavanya R, Ms Sunitha C, and Ms Preethi S gave a presentation on the importance of Swachh Campus. The presentation shed light on sanitation of hygiene, Water Conservation, Waste Management, Energy Conservation and Ecological Balance. The presentation was very effective in imbibing the concept of ‘Clean India’.

### ‘INTERNATIONAL YOGA DAY’

“Yoga is the journey of the self, to the self, through the self”



Every year International Yoga Day is celebrated on 21st June. This time amidst the pandemic outburst International Yoga Day was celebrated quite differently at the college. Students were made to showcase the importance of yoga programme and meditation in one’s life. They performed various yogasanas with their families at their homes. Students showed a lot of interest and participated actively.



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### “PAPER BAG DAY AND INTERNATIONAL PLASTIC BAG FREE DAY”

“Use paper bags, avoid plastic bags, keep my earth pollutant free”.



Paper bags are environment friendly alternatives to harmful plastic bags. Every year July 12th is celebrated as “Paper Bag Day” and July 3rd is celebrated as PBF Day. An awareness program was celebrated by our NSS volunteers about the harmful effects of plastic bags. Students were encouraged to make and use paper bags which are recyclable and can be used even to make compost. Our NSS volunteers actively took part in making the event successful.

### “INDEPENDENCE DAY CELEBRATION”

“Freedom in the mind, Faith in the words, Pride in our souls”



The Independence Day was celebrated on August 15th amidst the COVID 19 Pandemic. The college had chosen a virtual celebration to maintain the same enthusiasm on India’s biggest day. The NSS unit had organized online poem recitation drawing competition, dance, drill and other activities to keep students stay connected and celebrate the occasion.

### “SADBHAVANA DIVAS”

“Every thought that we put into world affects it. Think love, think peace and think harmony”



‘Sadbhavana Diwas’ is observed every year on August 20 to commemorate the birth anniversary of Sri Rajiv Gandhi, former PM of India. The day is celebrated to bring forth peace, love and communal harmony among all the religions. The NSS unit at our college took a pledge to reinforce the stability and harmony in the society towards the development of mankind.





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### RASHTRIYA EKTHA DIVAS



The Rashtriya Ektha Divas was conducted by the NSS team and the NSS Program officer Prof.Shwetha.M, on the 10th of November on zoom platform. This program was conducted to celebrate the birthday of Sri Sardar Vallabhbhai Patel. The program started with an invocation song sung by Meghana.H of 5th sem B.Com and then the proceedings were taken over by over beloved principal Smt.S.Rekha. The event began with Nagasakshi from 5th sem Bcom giving the introduction, then the students gave an informative presentation about the history, achievements, slogan, books and statue of Sri.Sardar Vallabhbhai Patel.

### NATIONAL LAW DAY



The National Law Day was conducted by the NSS team and the NSS Program officer Prof. Shwetha.M, on a pleasant afternoon on the 26th of November. This program was conducted to celebrate the National Law day. The program started with an invocation song sung by Madhurakshitha of 1st sem BCom and then the proceedings were taken over by over beloved principal ma'am Smt.S.Rekha. The guest of speaker Ms.Divyashree.C (PG Diploma in human rights, masters of law, bachelors of law). She enlightened the minds of the students through her knowledge in the basic laws and fundamental rights of humans.



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### WORLD AIDS AWARENESS DAY



The World AIDS Day was organised 29th of December from 1:45pm to 3:00 pm. The program began with a melodious invocation song by Madhurakshitha of 1st Sem B.Com, which was followed by a welcome speech by Lakshmi of V Sem B.Com.

Our beloved principal madam Smt. Rekha went ahead with the proceedings and then it was time for the guest of honour, Dr.Jyothi Lakshmi to speak. She briefed about the history of AIDS, symptoms, mode of transmission, facts and myths about AIDS. She then spoke about COVID-19 Pandemic, by stressing on few important rules to follow during these days including how to wear a mask.

### PENCIL SKETCH COMPETITION ON THE OCCASSION OF RASHTRIYA EKTHA DIVAS



The pencil sketch competition was conducted by the NSS team on the 31st of October. The topic for the event was “Atma Nirbhar Bharat”. There were 13 participants in all, the rules of the competition were simple and clear. The rules were that they have to switch on their camera and draw within the given time limit and not take anybody’s help.