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Vidyavardhaka Sangha (R.)

Vidya Vardhaka Sangha First Grade College

(Affiliated to Bengaluru City University)

"Mangaladhama", 2nd Block, 3rd Stage, Basaveshwaranagar, Bengaluru-560079.

3.3.3 Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., (including the programmes such as Swachh Bharat, AID5 awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs) during the year

3.3.4 Number of students participating in extension activities at 3.3.3. above during the year

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities	
Koti Kantha Gayana	Govt of Karnataka	NSS UNIT	2022-23	218	
World AIDS Day	V.V.S.First Grade College	NSS UNIT	2022-23	190	
Swachhatha Pakwada /Shramadaana .	BCU and NSS	NSS UNIT	2022-23	150	
Workshop on yoga	Parvathi Surendra Yogapreneur	NSS UNIT	2022-23	180	
Mega Health Checkup Camp and Voluntary Blood Donation Camp	Lions Club	NSS And YRC UNIT	2022-23	210	
NSS Annual Special Camp	V.V.S.First Grade College	NSS UNIT	2022-23	55	
Celebrated World Environment Day Through Planting Saplings	V.V.S.First Grade College	NSS UNIT	2022-23	198	
World Aids Day reating awareness By Skit	Sheshadripuram Degree College	NSS UNIT	2022-23	215	

Principal
V.V.S. First Grade College
Basaveshwaranagar,
Bangalore-560 079

Koti Kantha Gayana

<u>VVSFGC AND NSS UNIT</u> actively engaged in Koti Kantha Gayana on Oct 28, 2022, contributing to success through cultural performances and organizational support. Demonstrated unity and commitment showcased dedication to community engagement. The event served as a platform for talent display, strengthening bonds with the community. Overall, commendable effort in promoting cultural exchange and community spirit.





World AIDS Day

<u>VVSFGC NSS UNIT</u> actively marked World AIDS Day on Dec 2, 2022, with impactful awareness campaigns, education, and community outreach. Their commitment to global health challenges and fostering a compassionate community was evident. The participation served as a meaningful platform for vital conversations and contributed significantly to the ongoing fight against HIV/AIDS, showcasing dedication to health advocacy and community well-being.









Swachhata Pakhwada

On January 28, 2023, the <u>VVSFGC NSS UNIT</u> played a pivotal role in Swachhata Pakhwada, contributing to the success of the cleanliness drive. Engaging in various activities, including cleanliness campaigns and awareness initiatives, the NSS UNIT actively promoted hygiene and sanitation. Their participation exemplified a commitment to fostering a cleaner environment and instilling a sense of responsibility within the community. Swachhata Pakhwada served as a platform for the NSS UNIT to actively address and combat issues related to cleanliness, showcasing their dedication to creating a healthier and more sustainable community.





National Yoga Day

On June 21, 2023, National Yoga Day was celebrated at <u>VVSFGC</u> through a workshop led by Yogapreneur Parvathi Surendra. The workshop provided students with valuable insights into the benefits of yoga, emphasizing physical and mental well-being. Parvathi Surendra's expertise guided participants through various yoga practices, promoting mindfulness and stress relief. The event successfully instilled a deeper understanding of yoga's positive impact on overall health. Students actively engaged in the workshop, making it a meaningful celebration of National Yoga Day at from <u>VVSFGC NSS UNIT</u>.





Mega Health Checkup and Voluntary Blood Donation Camp

On July 14, 2023, a Mega Health Checkup and Voluntary Blood Donation Camp was organized at VVSFGC by the Lions Club, with active participation from NSS and YRC units. The event aimed at promoting health awareness and community well-being. Students enthusiastically took part in health check-ups, benefiting from medical consultations and screenings. The voluntary blood donation drive witnessed a commendable turnout, reflecting the students' commitment to contributing to the community's healthcare needs. The Lions Club's initiative successfully combined health education, preventive care, and altruism, making it a holistic and impactful event at **VVSFGC**.









The Annual Special NSS Camp

The Annual Special NSS Camp held at T-Beguru, Nelamangala Rural, from January 5 to January 11, 2023, witnessed active and dedicated participation from VVSFGC NSS Unit. The camp encompassed a range of community service activities, including cleanliness drives, health awareness campaigns, and educational initiatives. The NSS volunteers engaged with the local community, fostering a spirit of social responsibility and civic engagement. The camp not only contributed to the betterment of the rural area but also provided a transformative experience for the VVSFGC NSS Unit members, emphasizing the values of service, teamwork, and community building.

















World Environment Day

On June 5, 2023, the <u>NSS Unit at VVSFGC</u> actively observed World Environment Day with a series of impactful initiatives. The unit organized tree planting drives, awareness campaigns, and eco-friendly workshops to emphasize environmental conservation. NSS volunteers demonstrated a strong commitment to sustainable practices, engaging the college community in promoting a greener campus. Through various activities, the NSS Unit at VVSFGC contributed to raising awareness about the importance of environmental protection and encouraged collective efforts for a healthier planet. Their enthusiastic participation exemplified a dedication to fostering an eco-conscious community on World Environment Day.



