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Vidya Vardhaka Sangha First Grade College

Mangaladhama, Basaveshwaranagar, Bangalore

Youth Red Cross

Prof. Rashmi.L Assistant Professor Dept. of English

YRC Programme Officer

Indian Red Cross Society is a premier humanitarian organization which through its seven principles continued to do the activities which has been acclaimed by all sections of society nationally and internationally without any expectation.

Government of Karnataka has visualized the need for grooming the youths for the new generation and as come out with a historic order to enrol the youths by all colleges by affiliating to Indian Red Cross Society under the banner of Youth Red Cross. Each college is having a Youth Red Cross Unit and thereby the students of affiliated colleges become the 'Ambassadors' of Indian Red Cross Society, Karnataka State Branch.

YRC Motto

The motto of Youth Red Cross (YRC) is "**To Serve**".

YRC Day

- World Red Cross Red Crescent Day is celebrated every year on 8
 May .
- This date is the anniversary of the birth of Jean-Henry Dunant, who was born on 8 May 1828.
- He was the founder of International Committee of the Red Cross (ICRC) and the recipient of the first Nobel Peace Prize.

Youth Red Cross

The youth red cross is a most important constituent of its mother organization Indian red cross society aims at inculcating the 7 fundamental principles, of the Red Cross movement viz., Humanity, Impartiality, Neutrality, Independence, Voluntary service, Unity and Universality. The Youth Red Cross is organized with a view to develop and deploy student youth resource for working towards these principles.

It also aims at inculcating in youth the ideals and practice of service especially in relation to:

- Taking care of their own health and that of others.
- Understanding and accepting civic responsibility.
- Promotion of national and international understanding and goodwill by using their international link of the movement.
- Promotion of volunteerism.

Programme guidelines

- Volunteer orientation
- Training on first-aid
- Training on disaster preparedness and management.
- The training on minimum competencies.
- Motivation of blood donors.
- Observation of important days like: National Youth Day, World health day, World Red Cross Day etc.,

Internship

It's an optional activity for those who complete 2 years of volunteer ship. The ideal period of internship /attachment will be the break between any two semesters. The idea is to familiarize the volunteer/s who by now have been sensitized on humanitarian service to apply their knowledge to field situations and to have an interface with the community. It will be of duration of 7 which can be completed as a week-long activity or on holidays and weekends that may be spread over, not more than a period of one month.

Inauguration of Youth Red Cross:

On 13th September 2019, VVSFGC inaugurated "Youth Red Cross" wing at our college for the year 2019-20. This programme was held at the college auditorium which was addressed by Dr. Gowri.K who taught students about the importance of first aid methods





Awareness on Blood donation:

On October 1st 2019, the YRC wing had organized a talk on the awareness of blood donation. Mr. Raju Chandrashekhar from Indian Red Cross Society spoke about the importance of blood donation and attitude towards the same. The program focused mainly on the benefits of blood donation and the idea that blood donation does not pose significant health risks. The speaker gave an insight about the need for increase in the level of awareness of young women, and students to be the topmost priority.





Anaemia Eradication program:

YRC in association with Lion's club conducted an Anemia eradication programme on 10th October 2019, for the students of our college. Around 100 students of our college got their blood checkups done to know their hemoglobin levels. Students with low hemoglobin levels were given advice by the experts.



Training programme for YRC student office bearers:

Bengaluru Central University had conducted a one day "Training programme for YRC student office bearers" of the colleges affiliated to Bengaluru Central University on 22nd February 2020. The training program was aimed in educating and empowering the YRC Student Office Bearers about the Red Cross Movement and effective implementation of youth Red Cross Activities at the college level

YRC student office bearers of VVSFGC:

Chairman: Ms. Deepthi,

VIth sem BCom

Vice Chairman: Mr. Deepak.D.S.,

IVth sem BCom

Treasurer: Ms. Jahnavi, IVth sem BSc

Disaster management and Civil defence awareness program:

On the occasion of Women's day, the college had organized a most unique program in collaboration with Karnataka civil defense corps on 13th march 2020, in the college quadrangle. Around 20 members from civil defense took part in the program where they taught students about self defense and also self help during emergencies. The session was very helpful to all women where they taught our students on dealing with humanitarian aspects of emergencies, in particular with preparedness, response and recovery in order to lessen the impact of disaster

Appreciation to our Covid warrior:

On behalf of our college, YRC wing shows a deep sense of respect and gratitude to our student, Mr. Deepak D.S., of 4^{th} sem BCom who is working as a corona warrior. He has displayed his unflinching dedication and is carrying out his social responsibilities with tremendous risk to his personal safety thereby showing his courage and selflessness .he is an inspiration to the society who has joined the battle on behalf of humanity.





COVID 19 Vaccination Drive:

To resume offline classes in the colleges, the Karnataka state government has launched, "Marali Collegige"drive which aims to vaccinate college students and teachers before a staggered reopening of the colleges. In the view of this our college has organized vaccination drive with the first dose of Covaxin inoculation on 30th June 2021 and second dose was assisted on 6th August 2021. Many students got the benefit of the



vaccination drive.



Blood Donation Camp

The Youth Red Cross Wing and NSS Wing in association with the Lions Blood Bank had organized Blood Donation Camp on $22^{\rm nd}$ June 2022. Equipment's, doctors , nurses , volunteers were arranged to take care of the donors . Weights were checked, BP and haemoglobin levels of the donors were monitored. The college is proud to say that 50 units of blood was collected in the camp.









