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# Vidya Vardhaka Sangha First Grade College

Mangaladhama, Basaveshwaranagar, Bangalore

## National Service Scheme 'NOT ME BUT YOU'

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### National Service Scheme (NSS)

- ▶ National Service Scheme (NSS) was launched during 1969, the birth centenary year of Mahatma Gandhi, in 37 universities involving 40000 students.
- ▶ The National Service Scheme (NSS) is a Central Sector Scheme of Government of India, Ministry of Youth Affairs & Sports.
- ▶ It provides opportunity to the student youth of 11th & 12th Class of schools at +2 Board level and student youth of Technical Institution, Graduate & Post Graduate at colleges and University level of India to take part in various government led community service activities & programs.
- ▶ The sole aim of the NSS is to provide hands on experience to young students in delivering community service

## Objectives

- ▶ Developing the personality and character of the student youth through voluntary community service.
- ▶ Understand the community in which they work.
- ▶ Understand themselves in relation to their community.
- ▶ Identify the needs and problems of the community and involve them in problem-solving.
- ▶ Develop among themselves a sense of social and civic responsibility.
- ▶ Utilize their knowledge in finding practical solutions to individual and community problems.
- ▶ Develop competence required for group-living and sharing of responsibilities.
- ▶ Gain skills in mobilizing community participation.
- ▶ Acquire leadership qualities and democratic attitudes.
- ▶ Develop capacity to meet emergencies and natural disasters.
- ▶ Practice national integration and social harmony.
- ▶ Aims to Focus on the importance of the environment and to remained people that nature should not be taken for granted.

## NSS Motto

- ▶ 'Not Me But You' – this is the NSS motto that symbolises the requirement for selfless service and also indicates the true sense of democratic living.
- ▶ Students develop and learn to respect and value the point of view of other people and also understand the value of other living beings.
- ▶ NSS motto reflects that an individual's well being completely depends on the wellbeing of society as a whole.

## NSS Day

- ▶ The Ministry of Youth Affairs and Sports oversees the National Service Scheme, which is a public service programme. Every year on September 24, India celebrates National Service Scheme Day (NSS Day).
- ▶ During Mahatma Gandhi's Centenary Year (1969), on September 24, the National Service Scheme (NSS) was inaugurated, including 40,000 student volunteers from 37 institutions.

National Service Scheme (NSS) is a social service program for youth undergoing higher education in India. NSS was started in 1969 at the birth centenary of Mahatma Gandhi. The motto of NSS is 'Not me but you' which encourages the volunteers to do selfless social service.

The cardinal principle of the NSS programme is that it is organized by the students themselves, and both students and teachers through their combined participation in community service, get a sense of involvement in the tasks of nation building.

The program aims to instil the idea of social welfare in students, and to provide service to society without bias. NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity. In doing so, volunteers learn from people in villages how to lead a good life despite a scarcity of resources.

NSS Unit of VVS FIRST GRADE College is one of the oldest and a vibrant entity in the college with an allotted strength of 2 units comprising 140 NSS volunteers and including one program officer in charge.

NSS conducts a variety of activities including cleaning and beautification of the college campus, anti-plastic drive, blood donation camp, personality development programs, civil, plantation programs, Shramadana programs, Immunization programs, National Integration Camps, Awareness Programs, social and political awareness among students as well as society, Medical Camps, Special Camps, etc.

Every year NSS unit conducts a 7 days residential Annual Special Camp in the rural area to make the student volunteers aware about the village life. This year NSS Camp was organized in T BEGURU village of Nelamangala taluka. NSS volunteers are involved in a variety of activities during camp like cleaning, socio-economic survey; medical camp. The volunteer who manages to complete requisite number of hours in

NSS activity including NSS Annual Special Camp is eligible for entitlement marks in every semester

### **Regular Extension Activities of NSS**

- ❖ Say No to Plastic-paper Bag Making and Distribution

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- ❖ Awareness of Blood Donation

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- ❖ Life skill Training Programme

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- ❖ World No Tobacco Day/Spit Free India Movement

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- ❖ World Environment Day and Jal Shakti and Jal Campus

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- ❖ International Plastic Bag Free Day

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- ❖ Sadbhavana Diwas

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- ❖ Swachh Bharath Abhiyan

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- ❖ Rashtriya Ekta Diwas

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- ❖ National Law Day

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- ❖ Voting Awareness

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- ❖ World Aids Awareness

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- ❖ Awareness of Blood Donation

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- ❖ Marathon Stay Fit

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- ❖ Road Safety Week

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- ❖ Cancer Awareness Day

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- ❖ Covid Vaccination

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- ❖ Environment Day

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- ❖ Blood Donor Day

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- ❖ Oxygen Challenge

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- ❖ Vaccination Drive

❖ 2nd Vaccination Drive

❖ Swachchatha Pakhwada

❖ Covid-19 Awareness

❖ Talk On Disaster Management and Civil Defence Awareness Programme.

## Inauguration of NSS Activities



## NSS Leader Election



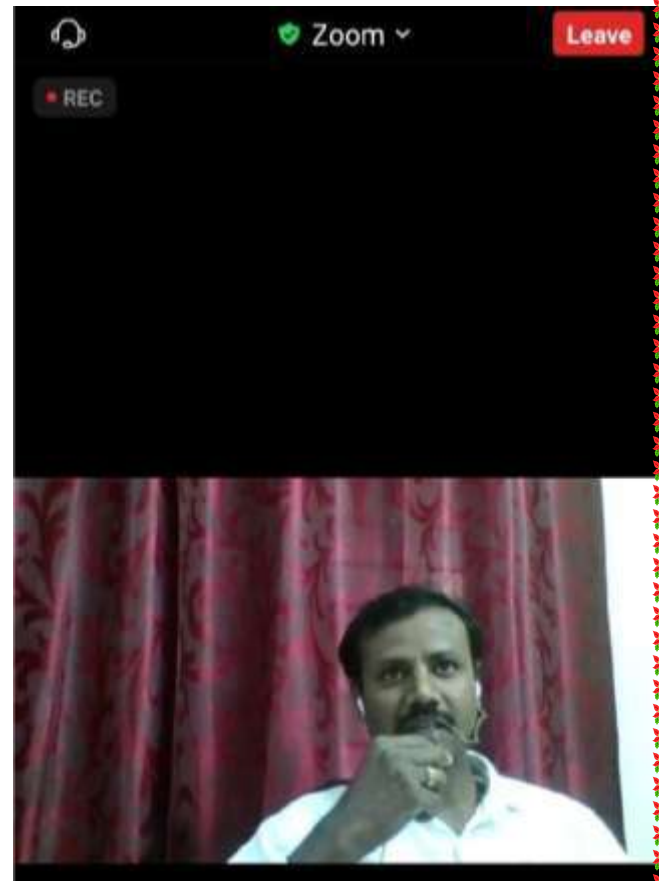
CLASSWISE NSS LEADER ELECTION 2020-2021

### RESULTS

COURSE/SEMESTER	B.COM	B.SC
I SEMESTER	JHANSI	DHRUVA.S
	RAJENDRA PRASAD	SUPREETHA.J
III SEMESTER	SHARANABASAVA	NAMRATHA
	RAMYA . Y.G	VASUSHREE
V SEMESTER	VINUTHA.R	-----
	PREETHI.S	-----



## Online Celebration of NSS Day



**Chief Guest of the Event**

**NSS Programme Co-ordinator of BCU Dr. Govinda Gowda.H.G**

## Say No to Plastic :-



**Understand the community in which they work.**

## Making of Paper Bags





Papers bags are gaining important as these bags are 100% re-usable, recycle, biodegradable and at the same time environment friendly and pose less threat to wide life.

## Distribution of Paper Bags







**Understand themselves in relation to their community**

**Swachh Bharath / Swachchatha Pakhwad**



**To Make India Open Defecation free**



**We should make it a habit to clean our environment**

## 1.Appreciation to our Covid warrior:

On behalf of our college, NSS wing shows a deep sense of respect and gratitude to our student, Mr. Deepak D.S., of 4<sup>th</sup> sem BCom who is working as a corona warrior. He has displayed his unflinching dedication and is carrying out his social responsibilities with tremendous risk to his personal safety thereby showing his courage and selflessness. he is an inspiration to the society who has joined the battle on behalf of humanity.



## COVID 19 Vaccination Drive:

To resume offline classes in the colleges, the Karnataka state government has launched, “Marali Collegige”drive which aims to vaccinate college students and teachers before a staggered reopening of the colleges. In the view of this our college has organized vaccination drive with the first dose of Covaxin inoculation on 30<sup>th</sup> june 2021 and second dose was assisted on 6<sup>th</sup> August 2021. Many students got the benefit of the vaccination drive.





### **Blood Donation Camp:**

The NSS Wing and Youth Red Cross Wing in association with the Lions Blood Bank had organized Blood Donation Camp on 22<sup>nd</sup> June 2022. Equipment's, doctors, nurses, volunteers were arranged to take care of the donors. Weights were checked, BP and haemoglobin levels of the donors were monitored. The college is proud to say that 50 units of blood was collected in the camp.



### **Celebration of Swami Vivekananda Jayanthi**



To motivate the youth to lead the nation to prosperity.

## Fit INDIA



To encourage sharing of personal fitness stories and indigenous sports

## Say No to Tobacco & stop Spitting



Utilize their knowledge in finding practical solutions to individual and community problems

## Life Skill Training





**Develop Positive Social skills work ethics, self-awareness, cope of with stress and to provide opportunity for realizing once potential through practical experiences.**

### **Best Out of Waste**



**Development of Innovation and Creativity**

### **Voting Awareness**



**Acquire leadership qualities and democratic attitudes.**

## Sadbhavana Divas Pledge



Encourage National Integration Peace, affection and Communal harmony among the People.

## Ekta Diwas Run



To uplift the nations unity and spread awareness about the contribution of Vallabai Patel .



## Online AIDS Awareness Programme



HIV awareness program help people become aware of the levels of care & treatment whether there are living with HIV or caring for someone with this disease.  
Chief Guest: Dr. Jyothi Lakshmi

## Pencil Sketch Competition Topic :AtmaNirbhar Bharath



## Awareness on Breast Cancer



## Cancer Awareness Day



Create Cancer Awareness and remove the stigma and fever attached help people recognize the early signs and symptoms of cancer

## Nali – Kali Project



Develop competence required for group-living and sharing of responsibilities

# Bottle Gardening



## Good Governance : Develop among themselves a sense of social and civic responsibility





## Certificate of Participation







## NSS ANNUAL SPECIAL CAMP

